



What happens in cases of clinical urgency?

Very rarely a child or young person may need to be seen more quickly than usual because of worries about their immediate safety. For example, where a young person has an acute eating disorder or they have acute suicidal ideas and plans. In such situations the young person should visit their local GP or A&E department as with any other concerning health problem. Here their condition will be assessed and a referral made to CAMHS if required. CAMHS prioritise individuals in these circumstances.

Contact us:

Once we have accepted a referral to our service we will write to you with the specific contact details of the team that will see you. In the meantime, general enquiries can be made to:

CAMHS Enquiries
Little Woodhouse Hall
18 Clarendon Road
Leeds LS2 9NT

info.leedscamhs@nhs.net

Our opening hours are Monday–Friday
9am–5pm (excluding bank holidays).

In cases of clinical urgency please contact your child's GP or local A&E department.

Help us get it right

If you have any complaints, concerns, comments or compliments please let us know. We learn from all comments we receive and use the information to improve our services.

If you have a concern, please speak to a member of staff at your clinic or health centre. If you would rather talk to someone outside the service, you can contact PALS.

Patient Advice and Liaison Service (PALS)

PALS provides confidential non-medical advice about local NHS services. Call freephone 0800 0525 270 Monday to Friday 8.30am–4.30pm.

We can make this information available in Braille, large print, audio or other languages. We can also provide interpreters for languages or signing at your appointment. Please contact us to find out more.

You can download this and other leaflets as well as finding out more information about Leeds CAMHS on our website below.

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CAMHS Leaflet Review Group

Email: info.leedscamhs@nhs.net

Website: www.camhs.leeds.nhs.uk

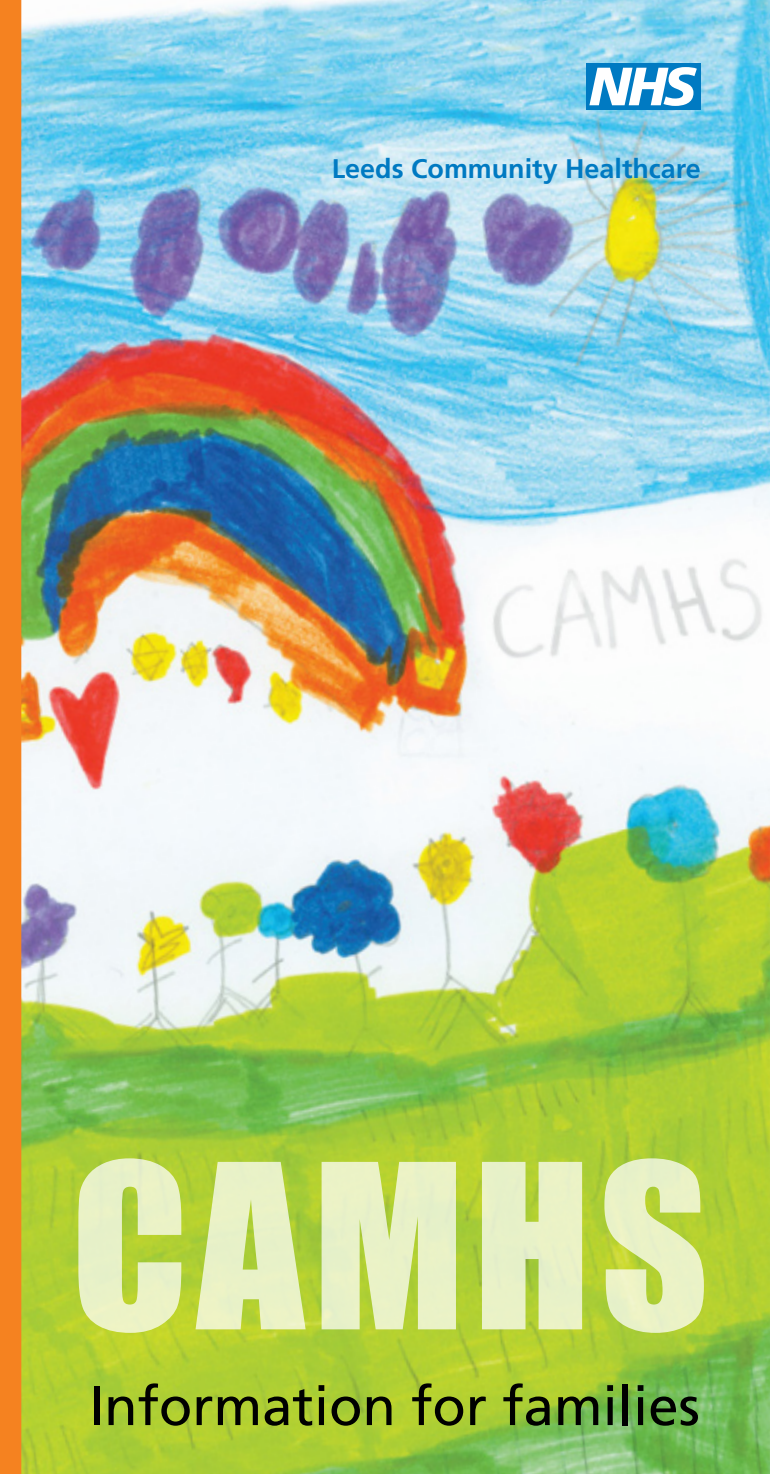
www.leedscommunityhealthcare.nhs.uk

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NHS Leeds Community Healthcare is responsible for providing healthcare services in the Leeds area and is hosted by Leeds Primary Care Trust (NHS Leeds)



Leeds Community Healthcare



CAMHS

Information for families

Children and Family Services



What is Leeds CAMHS?

Leeds Child and Adolescent Mental Health Service (CAMHS) offers assessment and help to children and young people with significant emotional and behavioral difficulties (for example anxiety and depression and eating disorders) and their families.

We work across the Leeds area in community based teams and try to meet with families in a place near to where they live.

What do we offer?

Once a referral has been received and accepted, families are usually seen in a consultation clinic. In this clinic you and a CAMHS clinician will work together to think about the difficulty and what or who might help. For many families these two or three sessions are all that's needed.

If you need more help following these sessions we can offer what we call follow on work.

This might be:

- individual therapy
- family therapy
- group work (e.g. parenting groups and group psychotherapy)



- specialist clinics (e.g. eating disorders clinics)
- specialist assessments (e.g. for ADHD and Autistic Spectrum Conditions).

For a very small number of young people, highly intensive assessment and treatment packages are needed. Leeds CAMHS provides this on both an inpatient and outpatient basis. Children and young people offered this will have had significant previous input from within our service.

How do I get help for my child?

Many children and young people experience emotional (and associated behavioural) problems at some point in their childhood. There are lots of people you already know who may be able to give you advice about what to do. These include the learning mentor at school, your child's GP, school nurse or their health visitor.

A referral to CAMHS would be appropriate if, despite advice and input by you and professionals you already know, the problems continue and have a big effect on daily life for you or your child.

We accept referrals of children and young people under the age of 18 years.

The following are some of the people who can refer your child: your child's GP, their health visitor or their school nurse.

For a more complete list of the professionals who can refer to our service please see our website www.camhs.leeds.nhs.uk.

What about families who need extra support to access your service?

We aim to make sure that all children, young people and families can access our service. It would be really helpful if you can remind the person who is referring you of any special requirements your family may have, such as disabled access, reading, hearing or language needs.

How long is the waiting list?

Referred families are seen within the national target of 13 weeks; many are seen earlier.

